DEPARTMENT OF EDUCATION

HAJI ANFAR ALI COLLEGE

DOBOKA

DISTRIBUTION OF SYLLABUS FOR THE ACADEMIC SESSION 2023/2024……

B.A. SIXTH SEMESTER (REGULAR)

PAPER NAME: MENTAL HEALTH AND HYGIENE

PAPER CODE:EDU-RC-6016

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| SL.NO | UNIT  | CONTENTS | NAME OF TEACHER |
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| 2 | UNIT2 | ***Fundamentals of Mental Health Hygiene: \*****Mental Hygiene-Meaning and Nature, \*Goals of Mental Hygiene, \*Functions of Mental Hygiene, \*Need and Importance of Mental Health and Hygiene, \*Relationship between Mental Health and Hygiene.* | A.Mutalib |
| 3 | UNIT3 | ***Education and Mental Health:\*Principles of Sound Mental Health,\*Factors affecting Mental Health,\*Mental Health Hazards,\*Mental Health of Students-\*Role of Home, Role of School, Role of Society,\*Mental Health of Teachers*** | S.A.Osmani (HoD) |
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